



# Psychological Pathways

## DYADIC DEVELOPMENTAL PSYCHOTHERAPY LEVEL ONE INTRODUCING A FRAMEWORK FOR THERAPY & PARENTING OF DEVELOPMENTALLY TRAUMATISED CHILDREN

### ABOUT DDP:

DDP was developed by Dan Hughes as an Attachment Focused Family Therapy that is tailored to meet the needs of children who have experienced trauma and loss. This therapy is theoretically based on the models of attachment theory and intersubjectivity, and is consistent with the needs of children and young people who have experienced developmental trauma.

### COURSE INFORMATION:

This four day training introduces DDP and the broader framework of Dyadic Developmental Practice within which the therapy is applied. This provides a model of parenting and support as well as a therapeutic approach to helping the children.

The core components of DDP will be presented and explored through discussion and experiential exercises.

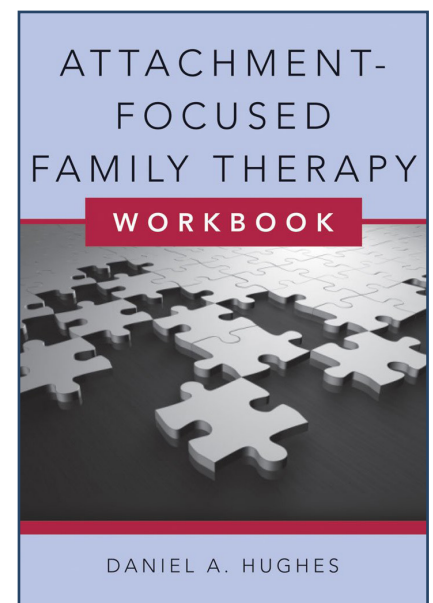
Level one training represents 28 hours of DDP training and will provide the knowledge and practice necessary for attendees to apply DDP principles to their work with developmentally traumatised children and their families.

Participants are referred to the Attachment-Focused Family Therapy Workbook (Hughes, D.A. Norton, 2011) which underpins this training

This level one training is the starting point for certification as a DDP therapist or practitioner

For more information see:

[www.dyadicdevelopmentalpsychotherapy.org](http://www.dyadicdevelopmentalpsychotherapy.org)



## **COURSE OBJECTIVES:**

- To understand the DDP framework
- To understand the theoretical foundations of DDP
- To apply this framework to a therapeutic and practice approach for children and parents & parents alone
- To explore the central components of DDP
- To apply the framework to a parenting approach which can complement the therapeutic approach

## **SUITABLE FOR:**

Professionals who support children and young people who have experienced developmental trauma (social workers working in fostering and adoption services, residential workers and other interested professionals).

Therapists who work with developmentally traumatised children and their families or substitute families.

## **ABOUT THE TRAINER:**

**Joy Gamble** is a Specialist Educational and Child Psychologist, who has worked in the area of Attachment and Trauma for over 14 years.

Joy became interested in DDP when she was Head of Education in a residential special school in Scotland for children with Social Emotional and Behavioural Difficulties. After moving to Wales, Joy took on the role of Psychologist for Looked After Children for Carmarthenshire County Council. Over the past six years Joy has become accredited in DDP first as a Practitioner and more recently as a Consultant and Trainer. DDP forms the key part of all of her clinical work.

**13<sup>TH</sup> – 14<sup>TH</sup> & 27<sup>TH</sup> – 28<sup>TH</sup> FEBRUARY 2019**

**9.30AM TO 5.00PM EACH DAY**

**HILTON TEMPLEPATRICK GOLF & COUNTRY CLUB**

**PARADISE WALK, CASTLE UPTON ESTATE, TEMPLEPATRICK BT39 ODD**

**£840**

**LUNCH AND REFRESHMENTS ARE INCLUDED**

**FOR FURTHER INFORMATION PLEASE CONTACT**

Dr William Coman on 0044 7850 565917  
or email [admin@psychologicalpathways.com](mailto:admin@psychologicalpathways.com)

For booking please complete and return the registration form which is available in the Training Events section at [www.psychologicalpathways.com](http://www.psychologicalpathways.com)