

THERAPLAY



A LEVEL ONE TRAINING COURSE FOR PROFESSIONALS

WHAT IS THERAPLAY®?

Theraplay® is a short-term attachment based play therapy for children that focuses on improving the child's behavioural and emotional challenges through the parent-child relationship. In a session, the therapist guides the parent and child through playful games, challenging activities, and nurturing interactions. Theraplay helps the child experience previously difficult interactions in new ways, helps overcome fear and increase trust, and creates a positive change in the

child's sense of self. Theraplay helps the parent be attuned to the child, understand the motives of the child's behavior and the underlying needs, manage environmental stimuli, and carefully challenge their child in a safe place. While other therapies may work primarily with the child alone or work with parents on managing the child's behaviors, TTI's work has shown that the parent-child relationship is the most powerful and influential element for change.

THERAPLAY HAS BEEN USED SUCCESSFULLY TO HELP:

CHILDREN WHO ARE TRAUMA SURVIVORS

SHY, WITHDRAWN CHILDREN

OVERACTIVE, CONTROLLING OR AGGRESSIVE CHILDREN

FOSTER/ADOPTIVE CHILDREN WITH ATTACHMENT DIFFICULTIES

CHILDREN WITH AUTISM SPECTRUM DISORDER AND PERVASIVE DEVELOPMENT DISORDER

CHILDREN WITH PHYSICAL OR MENTAL CHALLENGES

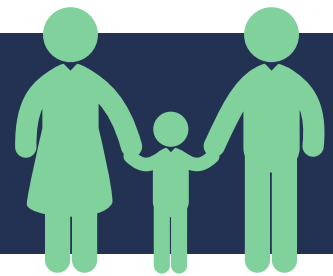
CHILDREN WHO LIVE IN GROUP SETTINGS

More information can be found at www.theraplay.org
or you can watch a short video at [What is Theraplay?](#)

COURSE OBJECTIVES

- ▶ Understand the history and theory of Theraplay®
- ▶ Knowledge of how to administer the MIM including methods of recording non-verbal behaviours, making inferences and formulating hypothesis
- ▶ Knowledge of how a MIM report is organised and used as a guideline for planning treatment
- ▶ Knowledge of how a feedback session is organised
- ▶ Increased knowledge of the interactional basis of parent-child attachment and self-esteem
- ▶ Skill development in the differentiation and use of the four Theraplay® dimensions
- ▶ Knowledge of how Theraplay® is used to meet the needs of children with behavioural problems, adopted/fostered children, autistic children, adolescents and traumatised children
- ▶ Knowledge of how parents are guided to empathetically observe and participate in Theraplay® sessions aimed at fostering better parent-child attachment

“**THERAPLAY** HELPS THE CHILD EXPERIENCE PREVIOUSLY DIFFICULT INTERACTIONS IN NEW WAYS”



SUITABLE FOR:

Theraplay is suitable for professionals and practitioners with a background in child development, adoption and permanency or psychology. This may include:

- ▶ Psychologists
- ▶ Teachers
- ▶ Play therapists
- ▶ Social Workers
- ▶ Counsellors
- ▶ Psychiatrists
- ▶ Occupational Therapists
- ▶ Early childhood specialists
- ▶ Family therapists

ABOUT THE TRAINER

THERAPLAY TRAINER

▶▶ **JOANNA FORTUNE** (MICP; MIFPP; Reg Pract APPI; Ap Sup PTI; CTTTS) is a Psychotherapist specialising in child and adolescent Psychotherapy with over 15 years experience working with children and families. She is a Child Attachment Specialist and is a certified trainer and supervisor in Theraplay. Joanna also sits on the Board of Directors for Women's Aid Ireland. As a mentor, clinician, well-established training consultant and guest speaker in her field, Joanna is also a regular contributor in the media on issues of child development and parenting. Joanna has been actively using Theraplay in her clinical practice since 2011 and specialises in working with adopted and cared for children/adolescents. You can read more about her and her work on her clinic site www.solamh.com.

THIS COURSE WILL RUN OVER
FOUR DAYS

4th-5th and 11th-12th
November 2021

HILTON TEMPLEPATRICK
Paradise Walk, Castle Upton Estate, Templepatrick BT39 0DD

£880 +VAT
LUNCH AND REFRESHMENTS ARE INCLUDED

For booking please complete the registration form which is available in the Training Events section at www.psychologicalpathways.com

▶▶ **FOR FURTHER INFORMATION PLEASE CONTACT**
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Psychological Pathways

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